

Home Makes: Drawing Ourselves

This activity is perfect for Early Years Foundation Stage children aged 3-5 and an adult.

Can you use a mirror to draw yourself? What different shapes can you see and draw?

Discover how to add patterns and textures to a picture of yourself by making your own stamps and rubbings.



Materials: You only need two or three of the following materials for this activity and feel free to add your own;

- Corrugated cardboard
- Card tubes
- [Salt dough](#), Plasticine or clay
- Paper or wrapping paper
- Tin foil
- Leaves, petals, sticks or pebbles
- Yarn or string
- Bubble wrap

Equipment:

- Mirror
- Scissors (optional)
- Glue or sticky tape
- Colour pens, pencils or crayons
- Paints (optional)
- Fork (optional)

You'll learn about:

Making rubbings and creating and using stamps, learning through play and discovery, using your hands

Time:

This activity can take from 30 minutes to two hours.

It has been broken down into two halves—you can split it over two days or do it all in one go if you're really having fun!

Part One: drawing yourself

- Go on a scavenger hunt to collect any scrap materials that have a bumpy surface.
- Draw a picture of yourself on a piece of paper, as big as you can.

Talk and Make

- What materials or surfaces can you find that are bumpy or lumpy?
- Can you use a mirror to draw what you see?
- What different shapes can you see on your face?

Part Two: adding prints and textures

- Think about how different parts of picture might feel, can you create the different textures?
- Can you use different stamps and rubbings to add colour to your picture?

Talk and Make

- What materials or surfaces can you use to make a rubbing?
- What materials can you use to make a stamp?
- Can you make your own stamps?

Tips for adults:

- Pencils and crayons are best for rubbings. You can find many textured surfaces in the home or classroom. These could be bricks, radiators, wooden tables. Alternatively you could use corrugated cardboard and tin foil.
- If you do not have access to paints you can use felt tip pens instead. Or try our [natural paints tutorial](#).
- Building a stamp can be done in lots of ways. You can use cardboard, tin foil, yarn or clay. Or you can paint leaves or other plant materials and create natural stamps.
- Encourage children to consider the colour and texture of what they have drawn. If they have drawn hair can you add texture by using yarn?
- This activity is easier if the paper is bigger. If you don't have plain paper you can use wrapping paper or old wallpaper. Also you can stick together two pieces of paper.



Gather all of your materials and equipment together.



Start by cutting out shapes from the card or paper you have.



You can use corrugated cardboard and a crayon or pencil to create a rubbing.



What would happen if you tried to print using bubble wrap and paint or a felt tip pen?



Can you make your own stamp or rubbing surface using clay?



You can use some yarn or string and cardboard to make a stamp



Can you use leaves or sticks as a stamp.



Don't forget to use pencils or crayons to finish the rest of your picture.

Be sure to share photos of your work with us using the hashtags: #EverydayMaking and #GetCreativeAtHome

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