Finger Knits

Finger knitting is easy and addictive. Once you have the hang of it you won’t be able to stop! We’ve used 2 strands together here, but try with 1 strand for a super-lacy effect.

1. Take 2 yarns of different colours and tie them together. Tie the end around your thumb.

2. With your palm towards you and keeping your work loose, take the working yarn under and over your fingers.

3. Now bring the working yarn around and over the little finger, under the ring finger, over the middle finger and under the forefinger.

4. Repeat stages 2 and 3. Bring the working yarn around your forefinger and let it drop to the back. There should be 2 ‘stitches’ on each finger.

5. Take hold of the bottom loop on your little finger and drop it off the back of your finger. Do the same on you ring finger, middle finger and forefinger, in that order. Push the ‘stitches’ down your fingers.

6. Unhook the tie from round your thumb and drop it to the back of your hand through your forefinger and middle finger. There should be one ‘stitch’ on each finger at this stage.

7. Repeat stages 2 and 3 and place the working yarn across your palm, then repeat stage 5. Give your knitting a gentle tug every so often to straighten it out.

8. Repeat stage 5 until you have reached the desired length, or run out of yarn.

9. Cut the working yarn leaving about 20 cms. Now on the palm side thread the cut yarn through each of the ‘stitches’. Push the stitches off of your fingers and gently pull the thread tight and secure it with a knot. You are now a finger knitter!

Your finger knitting can be used for lots of things. Try a friendship bracelet, a necklace or party decorations. See what you can come up with!